

ABOUT **SPIRITUAL**
formation

The Luke Church's Spiritual Formation consists of courses, small groups, panels, forums, conferences, and other events crafted to provide a space for learning, dialogue, and connecting. Spiritual Formation is structured to undergird the four pillars of our ministry and is designed to help congregants grow and be empowered to serve. By participating in Spiritual Formation, you are encouraged to learn, be transformed, and challenged to deepen your spirituality.

▶ **CONNECT**

Connect courses cater to the unique needs of individuals who are new to The Luke Church. Participants gain the necessary tools for understanding an evolving ministry and are inspired to get engaged at The Luke Church.

▶ **EXPERIENCE**

Experience courses are offered to individuals who are seeking to understand more about prayer, worship, and other practices designed to create spaces to experience God and develop a deeper relationship with God.

▶ **GROW**

Grow courses are designed to offer participants opportunities to deepen their understanding of what it means to truly be a disciple of Jesus. Grow courses dig deeper into theological topics and help participants develop holistically.

▶ **SERVE**

Serve courses help participants reimagine their relationships with one another, the community, and the world.



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QUESTIONS?

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SUMMER 2018
COURSE CATALOG

EARLY SUMMER COURSES & BOOK CLUBS:

▶ CONNECT

BIBLE BASICS: HOW TO UNDERSTAND AND STUDY THE BIBLE (CONNECT)

(WEDNESDAYS, 7 – 8:15 P.M.;

MAY 16TH – JUNE 20TH;

MIN. ARETHA FLUCKER, FACILITATOR)

Have you ever struggled to understand different books, characters, or situations in the Bible? Have you wrestled with how to approach what seem to be discrepancies in the Bible? Are you wondering how to truly understand and study the Bible? This course provides a foundational understanding of the structure of the Bible, an overview of the social climates in which various texts were birthed, and how to accurately study the Bible as a tool to navigate life.



MIDDAY EXPERIENCE (SERVE) (WEDNESDAYS, 12:00 – 1:00 P.M.;

MAY 16TH – JUNE 20TH;
VARIOUS FACILITATORS)
Our midday course experience provides the space for participants to engage in biblical studies and rich discussion on multiple topics. Facilitators will lead participants on a journey to gaining biblical literacy and learning to serve as a disciple of Jesus.

IF: TRADING YOUR IF ONLY REGRETS FOR GOD'S WHAT IF POSSIBILITIES (BOOK CLUB) (FLEXIBLE DATES;

ANNETTE LATIGUE, FACILITATOR)

In this text, Mark Batterson explores “if,” a powerful little word. Some people are stuck in “if only,” trudging through the lives marked with regret. But God wants us to live lives marked with possibilities, with the “what if” attitude that looks forward to the future with confidence. Why? Because the answer to “If God is for us, who can be against us?” is “No one.” God is always on our side. Every day, in every way.

▶ GROW

MENTAL ILLNESS: ENDING THE STIGMA AND DISCRIMINATION (GROW) (WEDNESDAYS, 7 – 8:15 P.M.;

MAY 16TH – JUNE 20TH; REV. DEMETRIA QUALLS,

FACILITATOR)

Mental illness is often considered to be a taboo topic in society; however, there is a crucial need mental wellness. One in four adults experience mental illness in a given year, including depression, bipolar disorder, schizophrenia, and PTSD. Through discussions, studies, and workshops, this course guides participants on a journey to understanding mental illness, dismantling misconceptions, exploring valuable methods for treatment, and realizing the need for mental wellness for all.

THE LUKE MEN: THE DISCIPLES PATH (GROW) (WEDNESDAYS, 7 – 8:15 P.M.;

MAY 16TH – JUNE 20TH;

VARIOUS FACILITATORS)

The Luke Men is a movement of brothers who strive to exemplify strength, compassion, integrity and service. We strive to build strong men who build strong families who build strong communities. Every man is welcome to be a part of a confidential small group of like-minded men who strive to live like Jesus spiritually, socially, economically, and in their health. This course is specifically designed to offer men the space for meaningful dialogue as participants explore the disciple's path.

▶ GROW

LATE SUMMER COURSES & BOOK CLUBS:



THE FOUR AGREEMENTS (BOOK CLUB)

(FLEXIBLE DATES;

MIN. ARETHA FLUCKER, FACILITATOR)

In The Four Agreements, don Miguel Ruiz reveals the source of self-limiting beliefs that rob us of joy and create needless suffering. Based on ancient Toltec wisdom, The Four Agreements offer a powerful code of conduct that can rapidly transform our lives to a new experience of freedom, true happiness, and love.



CRASH THE CHATTERBOX (BOOK CLUB)

(FLEXIBLE DATES; TONY HOLMES, FACILITATOR)

In Crash the Chatterbox, Pastor Steven Furtick focuses on four key areas in which negative thoughts are the most debilitating: insecurity, fear, condemnation, and discouragement. With personal stories, inspiring examples, and practical strategies, Pastor Furtick will show you how to silence the lies and embrace the freeing affirmation of God.

▶ GROW

SPIRITUAL MAINTENANCE (GROW)

(WEDNESDAYS, 7 – 8:15 P.M.;

JULY 11TH – AUGUST 15TH;

MIN. SHENELL DIXON, FACILITATOR)

Have you ever felt as if you needed your life to be realigned, redirected, and set on the right track? The wait is finally over! Spiritual Maintenance is the perfect way to yield the results that you've been waiting for by simply taking the time each day to practice building yourself in the direction of God instead of the direction of the world.

▶ EXPERIENCE

RAISING GODLY CHILDREN IN AN UN-GODLY WORLD (GROW) (WEDNESDAYS, 7-8:15 P.M.;

JULY 11TH – AUGUST 15TH; DR. GINA HUDNALL,

FACILITATOR)

Raising children in our current society and media-filled climate can be extremely challenging. This course, created for parents or guardians who are rearing children ages 5-11, is designed to create a space for meaningful conversations while exploring ways to raise children in a world filled with unhealthy societal influences. Participants will discuss challenges of parenthood and discover ways to be empowered to approach topics such as: gender roles, biology (the birds and the bees), relationships, discrimination, and more. By using biblical principles, participants will be guided to develop a deeper connection with their children and utilize tools to cultivate healthy relationships with their children.

▶ SERVE

MIDDAY EXPERIENCE (SERVE)

(WEDNESDAYS, 12:00 – 1:00 P.M.;

JULY 11TH – AUGUST 15TH;

VARIOUS FACILITATORS)

Our midday course experience provides the space for participants to engage in biblical studies and rich discussion on multiple topics. Facilitators will lead participants on a journey to gaining biblical literacy and learning to serve as a disciple of Jesus.

SAVE THE DATES!

The Healing Side of Hurt:

An Author Led Discussion & Brunch, **Saturday, June 9th**

Vacation Bible School:

Jesus, The Kingdom Builder: Strong Families, Churches & Communities, **June 25th – 27th**